

SECOND SUPPLEMENTAL DECLARATION
OF LINDA HUFF REDMAN, Ph.D.

I, Linda Huff Redman Ph.D., hereby declare and as follows:

A. Summary of Qualifications and Opinions

1. I have over 20 years of experience in healthcare policy and public financing, in particular Medicaid. I am the former Deputy Director of Arizona's Medicaid program and the former Executive Administrator for Arizona's Medicaid program's Office of Policy and Intergovernmental Relations. In these positions, I oversaw statewide Medicaid operations, including Arizona's Medicaid State Plan Amendment process with the Centers for Medicare and Medicaid Services (CMS) and the design and implementation of Arizona's Medicaid behavioral health program.¹ For this new program, I assisted with the development of Arizona's Medicaid behavioral health policy and procedure manual, and intergovernmental agreement with the state agency to be held responsible for delivering behavioral health services. I also worked on issues related to Medicaid coverage of services for special populations, including children in foster care, children with chronic conditions, and individuals in need of long-term care.

2. Currently, I am a consultant, advising public and private agencies on a broad range of health care related issues. In this position, I have helped several states, including Nevada, Arizona, New Jersey, and New Hampshire in the redesign of their behavioral healthcare delivery systems. This work has entailed providing assistance in the development of a wide array of community-based Medicaid-covered services and in

¹ I was directly responsible for Arizona's State Plan Amendment process as Executive Administrator of the Office of Policy and Intergovernmental Relations and later oversaw the process as Deputy Director.

1 the implementation of these new services through the development of Medicaid rules
2 and policies and procedure manuals and the establishment of Medicaid rates for the
3 services.

4 3. My qualifications are set forth in more detail in my earlier
5 declarations submitted in support of Plaintiffs' Motion for Preliminary Injunction,
6 true copies of which are attached as Exhibits 1 and 2 and are incorporated herein
7 by reference. My most recent curriculum vitae details my education, professional
8 experience, and organizational affiliations, a true copy of which is attached as
9 Exhibit 3 and is incorporated herein by reference.

10 4. My expert opinions in this declaration are based on my professional
11 experience, described above, as well a review of approximately a dozen states'
12 Medicaid documents (i.e., states' State Plan Amendments, rules, Medicaid policy
13 and procedure manuals, and Medicaid provider manuals), conversations with state
14 Medicaid officials in several states, and a review of relevant CMS policy guidance
15 and rules.

16 5. The components of wraparound services, as set forth in Appendix A,
17 and of therapeutic foster care, as set forth in Appendix B, are coverable by
18 Medicaid.² All of the components of wraparound services and therapeutic foster
19 care fit within one or more of the Medicaid categories listed in 42 U.S.C. §
20 1396d(a). Moreover, all of the components of wraparound services and
21 therapeutic foster care are covered by other states' Medicaid programs.

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23 ² My reference to Appendices A and B are to the Appendices to Plaintiff Henry
24 D.'s Further Supplemental Responses to Interrogatories, which define wraparound
25 services and therapeutic foster care and their components.

1 6. I have reviewed the August 16, 2006 letter from Gale P. Arden,
2 Director, Centers for Medicare & Medicaid Services (CMS), Center for Medicaid
3 and State Operations Disabled and Elderly Programs to Stan Rosenstein, Deputy
4 Director, California Department of Health Services, Medical Care Services (a true
5 copy of which is attached as Exhibit 4 and is incorporated herein by reference) and
6 the May 28, 2004 declaration of Mary Jean Duckett, then Acting Deputy Director,
7 CMS, Center for Medicaid and State Operations Disabled and Elderly Programs (a
8 true copy of which is attached as Exhibit 5 and is incorporated herein by
9 reference). Although these documents raise questions about the coverage of some
10 of the components of wraparound services and therapeutic foster care, they also
11 reveal that many of the components can be covered by Medicaid. In my expert
12 opinion, all of the questions raised in Ms. Arden's letter and Ms. Duckett's
13 declaration are either based on CMS needing more detailed information from
14 California or a misinterpretation of Appendices A and B. Neither Ms. Arden nor
15 Ms. Duckett have raised any issues that change my expert opinion that when
16 properly described, the components of wraparound services and therapeutic foster
17 care are coverable by Medicaid. My interpretation of the letter and declaration is
18 consistent with both long-standing and recent CMS policy.

19 **B. Medicaid Covers the Components of Wraparound Services**
20 **and Therapeutic Foster Care**

21 7. I have reviewed the components of wraparound services, as described
22 in Appendix A, and of therapeutic foster care, as described in Appendix B. It is
23 my expert opinion that all of the components of wraparound services and
24 therapeutic foster care are covered by Medicaid.
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1 8. In order to be covered by Medicaid, a service must fit within at least
2 one of the categories of services listed in 42 U.S.C. § 1396d(a). These categories
3 of services are very broad, and many individual services fall within each service
4 category. An individual service need not be expressly listed in § 1396d(a) to be
5 covered by Medicaid. Many commonly covered services are not specifically
6 listed, such as assessments, treatment planning, therapy, crisis services, and family
7 psychoeducation (education of a Medicaid-eligible person's family about
8 addressing and managing the person's mental illness), all of which are covered
9 under the service category of rehabilitative services listed in § 1396d(a)(13),³ see
10 U.S. Department of Health and Human Services, Centers for Medicare &
11 Medicaid Services, *A Primer on How to Use Medicaid to Assist Persons Who are*
12 *Homeless to Access Medical, Behavioral Health, and Support Services*, January
13 2007 (a true copy of which is attached as Exhibit 6 and is incorporated herein by
14 reference) at 58-59, and assessments to determine service needs, care plan
15 development, referral and related activities to help an individual obtain needed
16 services, and monitoring and follow-up activities, all of which are covered under
17 the service category of case management services listed in § 1396d(a)(19), see
18 Deficit Reduction Act, P.L. 109-171, § 6052(a)(2) (Feb. 8, 2006) (DRA), codified
19 at 42 U.S.C. § 1396n(g).

21 ³ 42 U.S.C. § 1396d(a)(13) lists as a category of services "other diagnostic,
22 screening, preventative, and rehabilitative services . . . for the maximum reduction
23 of physical and mental disability and restoration of an individual to the best
24 possible functional level." This category is commonly known as rehabilitative
25 services.

1 9. Covered services often can fit within more than one service category
2 listed in 42 U.S.C. § 1396d(a). Behavioral health therapy, for example, can be
3 covered under a variety of service categories, including, among others, that of
4 rehabilitative services, § 1396d(a)(13); “medical care, or any other type of
5 remedial care recognized under State law, furnished by licensed practitioners
6 within the scope of their practice as defined by State law,” § 1396d(a)(6);
7 physician services (if provided by a psychiatrist), § 1396d(a)(5)(A), or clinic
8 services, § 1396d(a)(9).⁴ States have flexibility in deciding how to cover services,
9 and this flexibility is a hallmark of the Medicaid program.

10 10. All of the components of wraparound services and therapeutic foster
11 care fit within one or more of the categories of services listed in 42 U.S.C. §
12 1396d(a). Appendices A and B list the service categories within which each
13 component fits. I agree with the list of service categories for each component.
14 While states have flexibility and could cover the components under the variety of
15 service categories listed in Appendices A and B, in my experience, most states
16 generally cover the activities that are the components of wraparound services and
17 therapeutic foster care under the categories of rehabilitative services, §
18 1396d(a)(13), case management services, § 1396d(a)(19), medical care, or any
19 other type of remedial care recognized under State law, furnished by licensed
20 practitioners within the scope of their practice as defined by State law, §
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23 ⁴ In the case of services for children, services under all categories of services listed
24 in § 1396d(a) are mandatory under the “[e]arly and periodic screening, diagnostic
25 and treatment services” (EPSDT) mandate, 42 U.S.C. § 1396d(r).

1 1396d(a)(6); physician services, § 1396d(5)(A), and/or clinic services, §
2 1396d(a)(9).

3 11. The components of wraparound services and therapeutic foster care
4 are covered by other states' Medicaid programs, and these states are currently
5 being reimbursed by CMS for them. This, in my expert opinion, is strong
6 evidence that the components of wraparound services and therapeutic foster care
7 are covered by Medicaid.

8 12. I have created a table showing that, for each component of
9 wraparound services and therapeutic foster care in Appendices A and B, other
10 states use Medicaid funds to cover the services/activities described in the
11 component. A true copy of this table is attached as Exhibit 7 and is incorporated
12 herein by reference. In creating this table, I reviewed approximately a dozen
13 states' Medicaid documents (such as states' State Medicaid Plans, state Medicaid
14 regulations, Medicaid policy and procedure manuals, and Medicaid provider
15 manuals).⁵ I compared the description of the services/activities in the state's
16 Medicaid documents with the description of the component in the Appendices. I
17 considered the services/activities to be equivalent to the Appendix component
18 when the descriptions were essentially the same, even if the names for the
19 services/activities were different. I confirmed with state staff that all services
20 included in my chart are funded entirely by Medicaid and available to all
21 Medicaid eligible children in the state (i.e., they are not part of any special
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23 ⁵ I did not do a nationwide survey of states. Instead, I attempted to examine states
24 from a variety of regions of the country and include states with different behavioral
25 health service delivery models.

1 waivers, demonstration projects, etc.) when it was not clear from the Medicaid
2 documents.

3 13. CMS has recently proposed new rules regarding the category of
4 services known as “rehabilitative services,” 42 U.S.C. § 1396d(a)(13). Proposed
5 Rules, Department of Health and Human Services, Centers for Medicare &
6 Medicaid Services, Medicaid Program: Coverage for Rehabilitative Services
7 (Proposed Rehabilitative Services Rules), 72 Fed. Reg. 45201 (Aug. 13, 2007). I
8 address in more detail these proposed rules as they relate to the components of
9 wraparound services and therapeutic foster care below. As a general matter, these
10 rules are in part a continuation of prior CMS policy and make clear that this
11 category of services can be used for such activities as: team-based treatment
12 planning that includes the covered individual’s family and other people important
13 to the individual, education of the covered individual’s family regarding the
14 individual’s disorder and how to manage it, and comprehensive assessments.
15 These proposed rules, however, depart significantly from prior CMS policy in that
16 they propose to prohibit a state from covering certain packages of services,
17 including therapeutic foster care, that CMS has approved as a package of services
18 in the past, and instead would require states to bill separately for the components
19 of the service package. The proposed rules also include language prohibiting
20 coverage of services that are “intrinsic elements of programs other than
21 Medicaid,” including foster care and child welfare. While Medicaid does not
22 cover services that are the clear financial responsibility of another system (such as
23 the direct delivery of foster care services), Medicaid does cover behavioral health
24 services for eligible adults and children, even if they are involved in another
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1 system.⁶ Because wraparound services and therapeutic foster care are behavioral
2 health interventions available to all children (regardless of whether or not they are
3 involved in the foster care system), the activities that comprise the components of
4 these services should continue to be coverable, even if the proposed rules are
5 enacted.

6 14. CMS has also recently issued interim final rules regarding the
7 category of services of case management services, 42 U.S.C. § 1396d(a)(19).⁷
8 Interim Final Rule with Comment Period, Department of Health and Human
9 Services, Centers for Medicare & Medicaid Services, Medicaid Program:
10 Optional State Plan Case Management Services (Interim Final Case Management
11 Services Rules), 72 Fed. Reg. 68077 (Dec. 4, 2007).⁸ In substantial part, these
12 regulations are a restatement of the definition of case management services set
13 forth in the DRA, 42 U.S.C. § 1396n(g). The DRA and the interim final case
14 management services rules list case management services to include
15 comprehensive assessments, development (and periodic revision) of a care plan
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17 ⁶ The preamble of the rule is consistent with this and specifically states that
18 “Medicaid rehabilitation services must be available for all participants based on an
19 identified medical need and [that] otherwise would have been provided to the
20 individual outside of the foster care . . . and other non-Medicaid systems.” 72 Fed.
21 Reg. at 45205.

22 ⁷ These rules become final on March 3, 2008 unless they are revised by CMS after
23 the comment period for these interim rules ends on February 4, 2008.

24 ⁸ Case management services are mandatory, not optional, for children under the
25 EPSDT mandate. See n. 4.

1 with the active participation of the eligible individual and others, referral and
2 related activities, and monitoring and follow-up activities. *Id.* §
3 1396n(g)(2)(A)(ii); 72 Fed. Reg. at 68092. These services are, in essence, many
4 of the activities in Appendices A and B. Both the DRA and case management
5 rules exclude from coverage the direct delivery of foster care or child welfare
6 services. DRA, 42 U.S.C. § 1396n(g)(2)(A)(iii); 72 Fed. Reg. at 68093. As I
7 discuss in more detail below, see *infra* at ¶ 22, it is the responsibility of the
8 behavioral health system, not the foster care or child welfare system, to case
9 manage a child's behavioral health condition and medically necessary services.
10 Based on my experience with wraparound and therapeutic foster programs in
11 several states, my expert opinion is that the types of case management activities in
12 Appendices A and B relate to a child's behavioral health condition and services
13 and are not the direct delivery of foster care services, and thus are allowable under
14 the DRA and the interim final case management services rules.

15 **C. Response To Issues Raised in the August 16, 2006 CMS Letter**
16 **and the Declaration of Mary Jean Duckett**⁹

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19 ⁹ Below I address the concerns raised in the CMS letter and the Duckett declaration
20 by area of concern, rather than component by component, as both the letter and
21 declaration repeatedly raise the same concerns for several components. For the
22 convenience of the court, I have created a table describing component by
23 component my response to each of CMS' concerns and identifying the paragraph
24 in this declaration where my response is contained. A true copy of this table is
25 attached as Exhibit 8 and incorporated herein by reference.

1 15. I have reviewed the August 16, 2006 CMS Letter from Gale Arden
2 and the declaration of Mary Jean Duckett. Although these documents raise
3 questions about the coverage of some of the components of wraparound services
4 and therapeutic foster care, which I address below, these documents also reveal
5 that many of the activities that are the components can be covered by Medicaid.

6 16. With respect to wraparound services, Ms. Arden acknowledges the
7 wraparound components of “Strength and Needs Assessment,” “Wraparound
8 Team Formation,” and “Tracking and Adapting the Wraparound Service Plan” are
9 coverable by Medicaid.¹⁰ Exh. 4 at 3-4. The declaration of Mary Jean Duckett
10 similarly states that “[i]t is possible that some of the component parts included in
11 plaintiffs’ conception of ‘wraparound services’ may be covered by Medicaid”
12 Exh. 5 at ¶ 4. Ms. Arden also acknowledges that at least some activities that
13 comprise other wraparound components are coverable by Medicaid, including
14 activities in the components of “Engagement of the Child and Family,”
15 “Immediate Crisis Stabilization,” “Wraparound Service Plan Implementation,”
16 and “Ongoing Crisis and Safety Planning,” and “Transition.” Exh. 4 at 2-5.

17 17. As for therapeutic foster care, Ms. Duckett acknowledges that some
18 states have included coverage for therapeutic foster care in their state plans, which
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21 ¹⁰ Ms. Arden raises issues related to billing for these components, not their
22 coverage. Specifically, she questions whether these components are part of
23 another service (and, therefore, must be billed as part of that service) or are
24 services themselves (and, therefore, can be billed separately). These billing issues
25 do not affect whether the components can be covered by Medicaid. See *infra* at ¶
20.

1 were approved by CMS based on its determination that the component parts were
2 Medicaid-covered services. Exh. 5 at ¶ 5.

3 18. A careful reading of Ms. Arden's letter reveals that most of her
4 concerns about coverage of the components of wraparound services and
5 therapeutic foster care listed in Appendices A and B are based on CMS needing
6 more information from California. Throughout the letter, she states that CMS
7 would need more detailed information to determine whether a specific service
8 could be covered by Medicaid. Exh. 4, comments regarding "Immediate Crisis
9 Stabilization" at 2-3; "Wraparound Service Plan Implementation" at 4; "Tracking
10 and Adapting the Wraparound Service Plan" at 4; and generally at 5 regarding
11 therapeutic foster care (TFC). Ms. Duckett makes similar statements. Exh. 5 at ¶¶
12 4-5. Such information is typically provided to CMS as part of the CMS State Plan
13 Amendment review and approval process. State Plan Amendment documents
14 contain, for example, a description of covered services (including excluded
15 services and activities), provider qualifications, and reimbursement
16 methodologies. Accord U.S. Department of Health and Human Services, Office
17 of the Assistant Secretary for Planning and Evaluation, *Using Medicaid to Support*
18 *Working Age Adults with Serious Mental Illness in the Community: A Handbook*,
19 January 2005, (a true copy of which is attached as Exhibit 9 and is incorporated
20 herein by reference) at 50 ("When a state proposes coverage, CMS expects that a
21 state will spell out the services it intends to offer in reasonable detail in its
22 Medicaid plan or related policies and procedures. This detail includes the specific
23 services that will be furnished under the coverage, provider qualifications, and the
24 criteria that a state will use in determining the medical necessity of the service).
25 As Ms. Arden herself describes the State Plan Amendment process, "there is

1 typically a flow of information about the proposed services, payment
2 methodologies and compliance with Medicaid statutory requirements.”¹¹ Exh. 4 at
3 2. Appendices A and B -- which I understand were created for this litigation and
4 not for submission to CMS as something akin to State Plan Amendment
5 documents -- do not contain all of the type of information one would expect to see
6 in State Plan Amendment documents. Thus, the statements Ms. Arden makes
7 throughout her letter about needing more information do not mean that the
8 referenced component services of wraparound or therapeutic foster care cannot be
9 covered by Medicaid. Instead, those comments are simply a reflection of the fact
10 that California has not yet submitted a State Plan Amendment or similar
11 documents to CMS.

12 19. Ms. Arden’s letter repeatedly states that wraparound services,
13 therapeutic foster care, and their components are not services listed in section
14 1905(a) of the Medicaid Act. Exh. 4 at 1 and 5 and comments regarding
15 “Engagement of the Child and Family” at 2; “Immediate Crisis Stabilization” at 2;
16 “Strength and Needs Assessment” at 3; “Wraparound Team Formation” at 3;
17 “Wraparound Plan Development” at 3; “Wraparound Service Plan
18 Implementation” at 4; “Ongoing Crisis and Safety Planning” at 4; “Tracking and
19 Adapting the Wraparound Service Plan” at 4; and Wraparound “Transition” at 4.

21 ¹¹ This description is consistent with my experience, where states typically work
22 with CMS in a cooperative, back-and-forth manner to get services appropriately
23 covered under their Medicaid State Plan. Typically, after CMS approves a State
24 Plan Amendment, the state provides further detail on the covered services through
25 Medicaid rules, policy and procedure manuals, and provider manuals.

1 Ms. Duckett's declaration makes similar statements. Exh. 5 at ¶¶ 3-5. While this
2 is a true statement, it would be a mistake to infer from this statement that a service
3 must be expressly listed in section 1905(a) in order to receive Medicaid coverage.
4 The services listed in section 1905(a) are broad categories of services; there are
5 many services and activities that fall within each of these service categories. See
6 *supra* at ¶ 8. In my experience, CMS regularly permits states to use Medicaid
7 funds to pay for services and activities not specifically listed in section 1905(a), so
8 long as they fall within a category of services listed in that section; many
9 commonly covered services are not specifically listed, such as behavioral health
10 therapy and medication management. And this is consistent with CMS policy
11 documents. For example, one CMS policy document describes covered services
12 as ones that fall "under [the] broad Medicaid coverage categories" listed in section
13 1905(a) with "states having considerable latitude in fashioning the services that
14 they offer under these coverage categories." Exh. 9 at 49, 51. This guidance
15 document then provides a chart of community-based services and the "coverage
16 category" under which they fall; none of the services listed as covered in this chart
17 are specifically listed in section 1905(a). *Id.* at 52, Table 4-1 (listing, for example,
18 "Community Support Services" as falling under the "coverage category" of
19 "Diagnostic, screening, rehabilitative and preventative services ('Rehab
20 option')"). Similarly, a recent CMS document, in which Ms. Arden wrote the
21 introduction, provides guidance to states on the types of services and activities that
22 fall under the category of "rehabilitative services," listed in section 1905(a)(13).
23 Exh. 6 at 58-59. This document identifies a variety of services that are covered
24 "rehabilitative services" including, for example: "[d]iagnosis, assessment,
25 treatment planning and coordinating the delivery of rehabilitative services to

1 individuals;” “[c]risis services in order to prevent hospitalization or quickly
2 stabilize a person so that the individual can return to the community;” [f]amily
3 psychosocial education in order to enlist a person’s family in addressing and
4 managing the person’s mental illness;” “[p]eer support and counseling whereby
5 individuals who have experienced mental illnesses furnish support to individuals
6 in managing and coping with their mental illnesses;” “[b]asic life skills and social
7 skills training and support across a variety of community living dimensions;”
8 “[m]edication education and management;” “[i]llness and disability management
9 that is designed to increase a person’s ability to recognize and respond to
10 symptoms;” and “[s]upported employment to assist individuals in overcoming
11 barriers to employment that stem from their mental illness,” none of which are
12 specifically listed in § 1905(a)(13).¹² *Id.*

13 20. Throughout Ms. Arden’s letter, she states that several components of
14 wraparound services are not independently coverable services but may be part of
15 other Medicaid services. Exh. 4, comments regarding Wraparound “Strengths and
16 Needs Assessment” at 3 (“not an independently covered services, but may be part
17 of other Medicaid services”); “Wraparound Team Formation” at 3 (“activities
18 described are not independent services . . . [but] may be recognized . . . as
19 component parts of the covered service); and “Tracking and Adapting the
20 Wraparound Service Plan” at 4 (“may be an integral part of the provision of
21 another service”). This is a billing issue, however, not a coverage issue. States, in
22 their Medicaid documents, identify services and describe the activities that
23 comprise those services in a variety of ways. States can group together or separate
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25 ¹² Many of these services are in essence those in Appendices A and B.

1 covered activities for billing purposes. I agree with Ms. Arden that these
2 wraparound services components *can* be covered as a component of another
3 service, including a rehabilitation service or case management service. On the
4 other hand, states sometimes cover these components (in particular “Strength and
5 Needs Assessments”) as a separately billable service. See, e.g., Exh. 7 at 14-18.
6 What determines coverage is not the name of the service or how the covered
7 activities are grouped together, but whether the activities themselves fit under one
8 of the broad categories of services listed in section 1905(a).

9 21. Throughout Ms. Arden’s letter, she expresses concern about Medicaid
10 coverage of several components of wraparound services and therapeutic foster
11 care because they may not be limited to activities that directly support the
12 Medicaid-eligible child and may involve activities that benefit family members
13 not covered by Medicaid. Exh. 4, comments regarding “Engagement of the Child
14 and Family” at 2; Wraparound “Transition” at 5; and TFC “Plan Implementation –
15 Family Treatment” at 6. Ms. Arden is correct that Medicaid does not cover
16 services provided to non-Medicaid family members for their sole benefit. But
17 Medicaid does cover services provided to non-covered family members that are
18 for the benefit of the Medicaid-eligible child. Examples of such covered services
19 are family counseling, family involvement in the child’s treatment planning, and
20 family psychoeducation (the education of family members regarding the child’s
21 behavioral health disorder and teaching family members how to manage it). CMS
22 has repeatedly made clear that these services are covered by Medicaid. See, e.g.,
23 Exh. 6 at 58 (stating that covered rehabilitative services include “[f]amily
24 psychosocial education in order to enlist a person’s family in addressing and
25 managing the person’s mental illness”); U.S. Department of Health and Human

Services, Centers for Medicare & Medicaid Services, *Medicaid Support of Evidence-Based Practices in Mental Health Programs*, available at http://www.cms.hhs.gov/PromisingPractices/Downloads/EBP_Basics.pdf (a true copy of which is attached as Exhibit 10 and is incorporated herein by reference) at 8-9 (describing Medicaid-covered activities of family psychoeducation to include “*individual family counseling* – time to review illness history, warning signs, coping strategies, and concerns and developing goals; *family treatment planning* – active involvement of family members in the planning and input of setting goals and treatment; *family supports* – helping families support their loved ones who have mental illness in their recovery) (italics in original); accord Proposed Rehabilitative Services Rules, 72 Fed. Reg. at 45207 (stating that including a child’s parents in the treatment planning process and including parents in counseling sessions for the treatment of the child are covered rehabilitative services); Interim Final Case Management Services Rules, 72 Fed. Reg. at 68092 (“Case management may include contacts with non-eligible individuals that are directly related to the identification of the eligible individual’s needs and care, for the purposes of helping the eligible individual access services, identifying needs and supports to assist the eligible individual in obtaining services, providing case managers with useful feedback, and alerting case managers to changes in the eligible individual’s needs.”). All references to family participation and/or treatment in Appendices A and B are to these types of covered services that include families for the sole purpose of treating and for the direct benefit of the Medicaid-eligible child.

22. Ms. Arden’s letter cites the case management provisions of the Deficit Reduction Act of 2005 (DRA) as the basis for raising questions about coverage of

1 one component of wraparound services and many of the components of
2 therapeutic foster care, stating that these components contain activities that are the
3 responsibility of the child welfare or foster care systems, and not the behavioral
4 health system. Exh. 4, comments regarding “Wraparound Plan development” at 4;
5 TFC “Development of a Treatment Plan” at 5; TFC “Tracking and Adapting the
6 Treatment Plan” at 5; and TFC “Transition” at 6. She similarly questions
7 coverage of several components of wraparound services and therapeutic foster
8 care, stating that they contain services that go beyond the scope of the Medicaid
9 program and are a function of the foster care system (without specifically citing
10 the DRA). Exh. 4, comments regarding “Immediate Crisis Stabilization” at 2-3;
11 “Ongoing Crisis and Safety Planning” at 4; “Recruitment and Matching” at 5; and
12 “Therapeutic Foster Parent Training” at 5. Ms. Duckett states that case
13 management services that are “an integral part of the administration of the foster
14 care and child welfare programs” are not Medicaid-covered services. Exh. 5 at ¶
15 6. I believe both Ms. Arden and Ms. Duckett have misinterpreted Appendices A
16 and B to the extent they believe any component contains activities that go beyond
17 behavioral health activities and are the responsibility of the child welfare or foster
18 care systems.

19 a. The section of the DRA regarding case management that Ms. Arden
20 references codifies prior policy regarding case management and does not represent a
21 change in policy. Compare DRA, 42 U.S.C. § 1396n(g) and Interim Final Case
22 Management Services Rules, 72 Fed. Reg. at 8091-92 with State Medicaid Director
23 Letter # 01-013, from Olivia Golden, Assistant Secretary for Children and Families, and
24 Timothy M. Westmoreland, Director, Center for Medicaid and State Operations, Health
25 Care Financing Administration, January 19, 2001 (a true copy of which is attached as

1 Exhibit 11 and is incorporated herein by reference) (Westmoreland Letter); accord Exh. 4
2 at 5 (Ms. Arden states that “[t]he Deficit Reduction Act of 2005 supports the discussion
3 of the longstanding CMS interpretation of Medicaid payment for foster care services, set
4 forth by Ms. Duckett in her 2004 declaration . . .”). The DRA, Westmoreland letter, and
5 interim final case management services rules specifically list as examples of allowable
6 case management activities: assessments, development of a specific care plan/care
7 planning, referral and related activities/linkage, and monitoring and follow up activities to
8 ensure plan implementation. DRA, 42 U.S.C. § 1396n(g)(2)(A)(ii); Exh. 11 at 2; 72 Fed.
9 Reg. at 68092. They all state that direct delivery of foster care services are not
10 reimbursable and contain a list of unallowable activities. DRA, 42 § 1396n(g)(2)(A)(iii);
11 Exh. 11 at 2-3; 72 Fed. Reg. at 68093. The child welfare and foster care systems are
12 responsible for the case management of social services and for placement activities
13 related to providing a child a home and family for him/her until he/she is either returned
14 to his/her birth parents or adopted. However, the child welfare and foster care systems do
15 not have an obligation, or even the expertise, to develop a behavioral health care plan and
16 manage the services a child needs to treat his or her behavioral health condition. Those
17 systems’ only case management responsibility with respect to the behavioral health needs
18 of a child is to refer that child to the behavioral health system for treatment. It is the
19 behavioral health system that is responsible for case management related to the child’s
20 behavioral health condition and behavioral health services. Neither the DRA,
21 Westmoreland letter, or interim final case management services rules prohibit Medicaid
22 from paying for this type of behavioral health case management just because a Medicaid-
23 eligible child is involved in the child welfare or foster care systems. Accord Interim
24 Final Case Management Services Rules, 72 Fed. Reg. at 68086 (“[A] Medicaid eligible
25 child with a mental disorder receiving child protective services may also qualify to

1 receive case management services targeted to children with mental disorders.”). Based
2 on my experience with wraparound and therapeutic foster care programs in several states,
3 my expert opinion is that the Appendices describe the types of case management
4 activities that are allowable under the DRA, Westmoreland letter, and interim final case
5 management services rules, and they do not constitute the direct delivery of foster care or
6 child welfare services.

7 i. The components “Wraparound Service Plan Development” and TFC
8 “Development of Treatment Plan,” identified in Appendices A and B, are case
9 management activities reimbursable under the DRA, Westmoreland letter, and interim
10 final case management services rules. They are, in essence, the development of a specific
11 behavioral health care plan/care planning, a covered case management activity listed in
12 the DRA, Westmoreland letter, and interim final case management services rules. DRA,
13 42 U.S.C. § 1396n(g)(2)(A)(ii)(II) (“[C]ase management services’ . . . includes . . .
14 [d]evelopment of a specific care plan based on the information collected through the
15 assessment, that specifies the goals and actions to address the medical, social,
16 educational, and other services needed by the eligible individual, including activities such
17 as ensuring the active participation of the eligible individual and working with the
18 individual . . . and others to develop such goals and identify a course of action to respond
19 to the assessed needs of the eligible individual.”); Interim Final Case Management Rules,
20 72 Fed. Reg. at 68092 (same); Exh. 11 at 2 (“[Care planning] builds on information
21 collected through an assessment phase and builds on activities such as ensuring the active
22 participation of the Medicaid-eligible individual and working with the individual and
23 others to develop the goals and identify a course of action to respond to the assessed
24 needs of the Medicaid eligible individual. The goals and actions in the care plan should
25 address medical, social, educational and other services needed by the Medicaid

1 individual.).¹³ Case management and its components (e.g., service plan development)
2 also can be covered as rehabilitative services as it relates to the management and
3 coordination of activities and benefits covered as rehabilitation services. Exh. 6 at 58
4 (describing as a covered rehabilitative service “treatment planning and coordinating the
5 delivery of rehabilitative services”); Exh. 9 at 64 (describing case management activities
6 coverable as rehabilitative services to include “service/treatment planning, periodic
7 review of treatment plan, coordination and referral, monitoring, and/or advocacy” related
8 to activities and benefits covered as rehabilitative services); accord Proposed
9 Rehabilitative Services Rules, 72 Fed. Reg. at 45211 (requiring as a component of
10 rehabilitative services, the development of rehabilitation plans with participation by the
11 individual, his/her family, and other persons of the individual’s choosing). Ms. Arden is
12 incorrect that “Wraparound Service Plan Development” and TFC “Development of a
13 Treatment Plan” are duplicative of tasks handled by the child welfare or foster care
14 systems. Exh. 4 at 4-5. The wraparound service or treatment plan developed by the
15 behavioral health system focuses on and is driven by the child’s behavioral health needs
16 and has as its overall goal to improve the child’s behavioral health condition, while any
17 case plan developed by the child welfare or foster care system focuses on issues of abuse
18 and neglect by a child’s parents or family and has as its overall goal to return the child

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21 ¹³ Compare Appendix A at 5 (“[T]he wraparound team works together to develop
22 and adopt a wraparound service plan . . . [that] describes the needs, long-range
23 vision and short-term objectives for the child and family, and the services that will
24 best fit their needs.”); Appendix B at 3-4 (“Each child has a treatment plan that is
25 both standardized and individualized. . . . The plans are focused on the
individualized strengths and needs of the child.”).

1 home, or when that is not possible, to a substitute permanent home (i.e., adoption). TFC
2 “Development of a Treatment Plan” also focuses on treatment of the child’s behavioral
3 health issues. The treatment of children with behavioral health needs who are in the child
4 welfare and foster care systems is provided by the behavioral health system, not the child
5 welfare or foster care system. Moreover, wraparound services and therapeutic foster care
6 are behavioral health services provided to Medicaid-eligible children both in and outside
7 of the child welfare and foster care systems. The covered behavioral health services
8 available to the Medicaid-eligible child are the same regardless of whether or not the
9 child is involved in the child welfare or foster care systems. When a child receiving
10 wraparound services or therapeutic foster care is in the foster care or child welfare
11 systems, those systems remain responsible for payment for any tasks that are the
12 responsibilities of the foster care or child welfare systems. Therefore, it is my expert
13 opinion that after the DRA, the components of “Wraparound Service Plan Development”
14 and TFC “Development of Treatment Plan” continue to be covered by Medicaid.

15 ii. The TFC component “Tracking and Adapting the Treatment Plan” is
16 another case management activity reimbursable under the DRA, Westmoreland letter,
17 and interim final case management services rules. It is the activity of monitoring and
18 follow-up to ensure plan implementation, which is a listed covered case management
19 service in the DRA and Westmoreland letter. DRA, 42 U.S.C. § 1396n(g)(2)(A)(ii)(IV)
20 ((“[C]ase management services’ . . . includes . . . “[m]onitoring and followup activities,
21 including activities and contacts that are necessary to ensure the care plan is effectively
22 implemented and adequately addresses the needs of the eligible individual, and which
23 may be with the individual, family members, providers, or other entities and conducted as
24 frequently as necessary”); Exh. 11 at 2 (“[Monitoring/Follow-up] includes activities
25 and contacts that are necessary to ensure the care plan is effectively implemented and

1 adequately addressing the needs of the Medicaid-eligible individual. The activities and
2 contacts may be with the Medicaid eligible individual, family members, providers, or
3 other entities.”); Interim Final Case Management Services Rules, 72 Fed. Reg. at 68092
4 (Case management activities include “[d]evelopment (and periodic revision) of a specific
5 care plan” and “[m]onitoring and follow-up activities,” which “include[s] making
6 necessary adjustments in the care plan and service arrangements with providers.”).¹⁴ This
7 case management activity also can be covered as a rehabilitative service. Exh. 6 at 58
8 (describing as a covered rehabilitative service treatment planning and coordinating the
9 delivery of rehabilitative services); Exh. 9 at 64 (describing case management activities
10 coverable as rehabilitative services to include “service/treatment planning, periodic
11 review of treatment plan, coordination and referral, monitoring, and/or advocacy” related
12 to activities and benefits covered as rehabilitative services); accord Proposed
13 Rehabilitative Services Rules, 72 Fed. Reg. at 45211 (describing as covered
14 rehabilitative service evaluating progress towards goals set in the rehabilitation plan and
15 of revising the plan when progress is not being made). Moreover, therapeutic foster care
16 is a behavioral health service provided to Medicaid-eligible children both in and outside
17 of the child welfare and foster care systems,¹⁵ and the TFC treatment plan focuses on
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19 ¹⁴ Compare Appendix B at 4 (“Therapeutic foster care coordinators provide
20 intensive case monitoring, coordinate the efforts of the foster parents and the
21 individual therapists. They also maintain contact with the child’s biological
22 parents, teachers, psychiatrist, caseworkers, parole/probation officers, employers
23 and other important members of the child’s community.”).

24 ¹⁵ When I helped design Arizona’s TFC program, we specifically designed it as a
25 behavioral health intervention available to Medicaid-eligible children in and

1 behavioral health issues. The activities done to track and adapt the TFC treatment plan
2 are the same regardless of whether or not the Medicaid-eligible child is involved in the
3 child welfare or foster care systems. When a TFC Medicaid-eligible child is in the foster
4 care or child welfare systems, those systems remain responsible for payment for any tasks
5 that are the responsibilities of the foster care or child welfare systems. Therefore, it is my
6 expert opinion that after the DRA, the TFC component “Tracking and Adapting the
7 Treatment Plan” continues to be covered by Medicaid.

8 iii. Ms. Arden states that the TFC component “Transition” is a foster care
9 function and, therefore, DRA forbids Medicaid payment. I believe Ms. Arden’s
10 comment is based on a misreading of this component. TFC transition in Appendix B
11 addresses a child’s transition out of TFC and the behavioral health services a child needs
12 to transition successfully. It is based on an assessment of the child’s behavioral health
13 needs. Transition is a behavioral health service involving activities to ensure continuity
14 of care. When a TFC client is not in foster care, there is no responsibility for that system
15 with respect to transition. When a child transitioning out of TFC is in the child welfare or
16 foster care systems, transition involves the behavioral health system coordinating with all
17 relevant systems to ensure continuity of care, specifically related to meeting the child’s
18 behavioral health needs. Such coordination is a covered case management service.

20 outside of Arizona’s foster care system. While the name of the service was
21 recently changed (i.e., to “therapeutic residential support (in-home, excluding room
22 and board”) in Arizona’s CMS-approved waiver document and to “home care
23 training to home care client services for children” in Arizona’s covered behavioral
24 services manual), the services under the newly re-named program are identical to
25 those under their prior TFC program.

1 DRA, 42 U.S.C. § 1396n(g)(2)(A)(ii)(IV) (describing the covered case management
2 activity of “[m]onitoring and followup activities” to include “activities and contacts that
3 are necessary to ensure the care plan is effectively implemented and adequately
4 addressing the needs of the eligible individual” when “there are changes in the needs or
5 status of the eligible individual”); Exh. 11 at 2 (describing the covered case management
6 activity of monitoring/follow-up to include “activities and contacts that are necessary to
7 ensure the care plan is effectively implemented” when there are “changes in the needs or
8 status of the Medicaid eligible individual); Interim Final Case Management Services
9 Rules, 72 Fed. Reg. at 68092 (same); accord *id.* at 68091-92 (discussing case
10 management services to transition individuals from institutional settings to community
11 settings).¹⁶ Both children in and outside of the foster care system receive TFC, and
12 transition activities are the same whether or not the child is involved in the foster care
13 system. States commonly use Medicaid case management services to coordinate care and
14 ensure the continuity of care whenever a child receiving behavioral health services makes
15 a transition, be it from one setting to another (as is the case with TFC transition), from the
16 children’s to the adult behavioral health system, or even from one provider to another.

19 ¹⁶ Coordination of services can also be covered as rehabilitative services. Exh. 6 at
20 58 (describing coordinating the delivery of rehabilitative services to individuals as
21 a covered service); Exh. 9 at 64 (describing case management activities coverable
22 as rehabilitative services to include coordination of activities and benefits covered
23 as rehabilitative services); accord Proposed Rehabilitative Services Rules, 72 Fed.
24 Reg. at 45205 (stating that “Medicaid rehabilitative services must be coordinated
25 with, but do not include, services furnished by other programs”).

1 Thus, after the DRA, the TFC component “Transition” continues to be covered by
2 Medicaid.

3 b. While not directly citing the DRA, Ms. Arden questions whether several
4 components in the Appendices are reimbursable under Medicaid on the grounds that they
5 are responsibilities of the child welfare or foster care systems, and not the behavioral
6 health system. In my expert opinion, Ms. Arden is incorrect and her opinion is based on
7 a misunderstanding of the Appendices.

8 i. With respect to the wraparound services components of “Immediate
9 Crisis Stabilization” and “Ongoing Crisis and Safety Planning,” Ms. Arden
10 acknowledges that the activities described in those components are mental health
11 rehabilitative services to the extent they address mental health treatment issues. Exh. 4 at
12 3-4. Her acknowledgement is consistent with CMS guidance, Exh. 6 at 58 (listing
13 “[c]risis services” as a Medicaid-coverable rehabilitative service); accord Proposed
14 Rehabilitative Services Rules, 72 Fed. Reg. at 45205 (stating that rehabilitative services
15 can be covered in any setting, including in mobile crisis vehicles). She, however,
16 questions coverage of these components to the extent they deal with “unsafe living
17 environments and safety issues, as well as matters related to medical (including mental
18 health) needs.” Exh. 4 at 3, 4. In my expert opinion, the reference to “safety” and
19 “unsafe living environments” in the descriptions of these components references safety
20 issues that might arise due to or be caused by the child’s behavioral health condition – a
21 clear responsibility of the behavioral health system – and not the type of safety and
22 unsafe living issues that are the responsibility of the child welfare or foster care systems,
23 such as abuse or neglect by the child’s parents. An example of the type of “safety” issue
24 these components address would be a child’s behavioral health condition leading to a risk
25 of harm to himself or others; likewise, an example of the type of “unsafe living

environment” these components address would be a situation that triggers difficult behavior due to the child's behavioral health condition and causes a need for behavioral health crisis intervention. Further, to the extent Ms. Arden’s letter can be read as claiming that crisis issues related to medical needs go beyond the Medicaid program, she cannot be correct; stabilizing individuals in crisis situations caused by their behavioral health and/or medical needs and planning how to avoid them in the future are exactly the types of crisis activities that are regularly covered by other states with CMS’ approval. See, e.g., Exh. 7 at 7-14. Thus, it is my expert opinion that wraparound services components of “Immediate Crisis Stabilization” and “Ongoing Crisis and Safety Planning,” are covered by Medicaid.

ii. Plaintiffs’ component of TFC “Recruitment and Matching” discusses the activities of recruiting therapeutic foster parents and of matching a child with appropriate therapeutic foster parents. Below I separately address the activities of recruitment and of matching.

a. There are two types of recruiting relevant to therapeutic foster care: recruiting a family to serve as therapeutic foster parents for a specific child for whom therapeutic foster care has been determined to be medically necessary; and recruiting individuals to become therapeutic foster parents who are later matched with a specific child for whom therapeutic foster care has been determined to be medically necessary.

i. With respect to the first type of recruiting (i.e., recruiting a family to serve a therapeutic foster parents for a specific child for whom TFC has been determined to be medically necessary), the suitability of the therapeutic foster parents is based in large part on their capacity to provide the medically necessary behavioral health interventions that the specific child needs. Helping the child obtain these needed

1 behavioral health services (in this case, identifying and recruiting the therapeutic foster
2 parents) can be directly billed to Medicaid as case management for the Medicaid-eligible
3 child.¹⁷ If a TFC client is not in the foster care or child welfare systems, there is no
4 responsibility for those systems with respect to the recruiting of therapeutic foster parents
5 for this child. If a child being placed in TFC is in the child welfare or foster care systems,
6 the behavioral health system must coordinate with those systems when recruiting
7 individuals to serve as therapeutic foster parents for the child; such coordination is a
8 covered case management service. DRA, 42 § 1396n(g)(2)(A)(ii)(III) (describing the
9 covered case management activity of “[r]eferral and related activities” to help an
10 individual obtain needed services); DRA, § 1396n(g)(2)(A)(ii)(IV) (describing the
11 covered case management activity of “[m]onitoring and followup activities” to include
12 “activities and contacts that are necessary to ensure the care plan is effectively
13 implemented and adequately addressing the needs of the eligible individual” when “there
14 are changes in the needs or status of the eligible individual”); Exh. 11 at 2 (describing the
15 covered case management activity of referral and linkages to include activities that help
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17 ¹⁷ To recruit therapeutic foster parents for a specific child, the child must be
18 assessed, which includes identifying the child’s behavioral health needs and
19 gathering information from the child and other sources about individuals whom
20 may help meet those needs, all of which are covered case management activities.
21 DRA, 42 U.S.C. § 1396n(g)(2)(A)(ii)(I) (describing assessment to include taking
22 client history, identifying needs, and gathering information from other sources).
23 One strategy for this type of recruiting is attempting to recruit families with an
24 existing relationship with the child who can meet that child’s behavioral health
25 needs to serve as therapeutic foster parents.

1 link individuals with needed services and describing monitoring/follow-up to include
2 “activities and contacts that are necessary to ensure the care plan is effectively
3 implemented” when there are “changes in the needs or status of the Medicaid eligible
4 individual); Interim Final Case Management Services Rules, 72 Fed. Reg. at 68092
5 (describing the covered case management activity of referral and related activities to
6 include “activities that help link the individual with medical, social, and educational
7 providers that are capable of providing needed services to address identified needs and
8 achieve goals specified in the care plan).

9 ii. The second type of recruiting relevant to TFC is
10 recruiting individuals to become therapeutic foster parents who will then later be matched
11 with a specific child for whom TFC has been determined to be medically necessary. This
12 type of recruiting (that is, the type of recruiting done for programs, not for individual
13 children) is not in my experience typically billed directly to Medicaid, but is instead built
14 into the reimbursement rate as an administrative expense for the Medicaid provider
15 agency contracted to deliver TFC services. Many types of administrative expenses are
16 typically built into the reimbursement rate paid to providers for the delivery of covered
17 services, including training and supervision of employees, writing of notes and record-
18 keeping, and travel time. The reimbursement rates for other out-of-home services for
19 which TFC is an alternative, such as Residential Treatment Centers or group homes,
20 include similar administrative activities. As I previously discussed, issues related to
21 reimbursement rates are typically addressed during the State Plan Amendment process.
22 See *supra* at ¶ 18.¹⁸

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25 ¹⁸ Both the DRA and the interim final case management services rules exclude from
case management the direct delivery of foster care and child welfare services,

1 including “[r]ecruiting or interviewing potential foster parents.” DRA, 42 §
2 1396n(g)(2)(A)(iii); 72 Fed. Reg. at 68093. With respect to the first type of
3 recruiting (i.e., seeking appropriate therapeutic foster parents for a specific
4 Medicaid eligible child for whom it has been determined that TFC is medically
5 necessary), the recruitment activities focus on the ability of the therapeutic foster
6 parents to meet that child’s behavioral health needs; it is no different than the case
7 management activity of selecting any other behavioral health provider. To the
8 extent these case management exclusions apply to therapeutic foster parent
9 recruitment (which only the preamble, not the rules themselves, state), compare 72
10 Fed. Reg. at 68087 with *id.* at 68093, it should only be the second type of
11 recruitment (i.e., general recruitment of therapeutic foster parents into the provider
12 pool) that may not be able to be billed as a case management activity. And as I
13 discussed above, my experience is that states do not typically bill this activity as
14 case management but instead include this as an administrative expense built into
15 the reimbursement rate. Similarly, CMS has recently proposed rules regarding
16 rehabilitative services that would prohibit coverage of services that are “intrinsic
17 elements of other programs,” including foster care and child welfare, and provides
18 as an example of an excluded service TFC “except for medically necessary
19 rehabilitation services for an eligible child.” 72 Fed. Reg. at 45213. Though not
20 included in the proposed rule, the preamble indicates that TFC “provider
21 recruitment, foster parent training and *other such services that are the*
22 *responsibility of the foster care system*” are not covered by Medicaid. 72 Fed. Reg.
23 at 45205 (emphasis added). Again, TFC is a behavioral health intervention
24 available to children both in and outside of foster care. There is no responsibility
25

1 b. With respect to the activity of “matching” a child for whom
2 TFC is medically necessary to appropriate therapeutic foster parents, this is a case
3 management activity, regardless of how the therapeutic foster parents are recruited. The
4 activity of matching a child to a particular provider of TFC and to therapeutic foster
5 parents is the same activity performed when “matching” a child to a provider of any
6 behavioral health service, be it TFC or counseling. The activity includes identifying the
7 child’s needs and identifying potential providers to meet those needs, which are covered
8 case management activities. DRA, 42 U.S.C. § 1396n(g)(2)(A)(ii)(I) (describing the
9 covered case management activity of assessment); § 1396n(g)(2)(A)(ii)(III) (describing
10 the covered case management activity of “[r]eferral and related activities” to help an
11 individual obtain needed services); § 1396n(g)(2)(A)(ii)(IV) (describing the covered case
12

13 of the foster care system for therapeutic foster parent recruitment activities for
14 children who are not in the foster care system. Even for children in the foster care
15 system, the recruitment activities related to TFC are not the responsibility of foster
16 care but are the responsibility of the behavioral health system, as they relate to the
17 ability of therapeutic foster care parents to meet children’s behavioral health needs.
18 These rules by CMS are only proposed; if CMS were to enact this particular rule, it
19 would be a departure from prior policy. These rules should have no affect on the
20 activity of seeking appropriate therapeutic foster parents for a specific child, which
21 as I discussed above, can be billed as a case management activity. It is only
22 coverage of general recruiting of therapeutic foster parents that may not be able to
23 be billed as a rehabilitation service. But, as I discussed, in my experience, states
24 do not bill this type of recruitment as a rehabilitation service but instead include it
25 as an administrative expense built into the provider reimbursement rate.

1 management activity of “[m]onitoring and followup activities” to include “activities and
2 contacts that are necessary to ensure the care plan is effectively implemented and
3 adequately addressing the needs of the eligible individual” when “there are changes in the
4 needs or status of the eligible individual”); Exh. 11 at 2 (describing covered case
5 management activities of assessment, referral and linkages, and monitoring/follow-up
6 activities); 72 Fed. Reg. at 68092 (same).¹⁹ Therefore, in my expert opinion, the
7 component of TFC “Recruiting and Matching” is coverable by Medicaid.

8 iii. Plaintiffs’ description of the component “Therapeutic Foster Parent
9 Training” includes two types of training: training given to therapeutic foster parents
10 regarding the behavioral health disorder of the specific child for whom they will be the
11 therapeutic foster parents (e.g., educating them about the child’s behavioral health
12 condition and teaching them to manage the child’s behavior); and general pre-service and
13 ongoing training given to therapeutic foster parents on caring for children with complex
14 behavioral health.

15 a. The first type of training – training regarding the specific
16 child’s behavioral health disorder and how to manage it – is a family psychoeducation
17 service, which CMS policy has repeatedly stated is a Medicaid covered service. See
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19 ¹⁹ These activities also can be covered as rehabilitative services. See Exh. 6 at 58-
20 59 (describing rehabilitative services to include diagnosis, assessment, treatment
21 planning, and coordinating the delivery of rehabilitative services); Exh. 9 at 64
22 (describing case management activities coverable as rehabilitative services to
23 include “service/treatment planning, periodic review of treatment plan,
24 coordination and referral, monitoring, and/or advocacy” related to activities and
25 benefits covered as rehabilitative services).

1 *supra* ¶ 21; Exh. 6 at 58 (stating that covered rehabilitative services include “[f]amily
2 psychosocial education in order to enlist a person’s family in addressing and managing
3 the person’s mental illness”); Exh. 10 at 8-9 (describing the Medicaid-covered activities
4 of family psychoeducation). Regardless of whether it is the biological parent(s) or
5 individuals serving as temporary parents, this service is focused on the child’s behavioral
6 health needs and hence reimbursable. It is not duplicative of any responsibility of the
7 child welfare or foster care system, if the child is even involved in those systems. TFC is
8 a behavioral health intervention available to children regardless of whether they are
9 involved in those systems.

10 b. The second type of training – general pre-service and ongoing
11 training to therapeutic foster parents on caring for a child with complex behavioral health
12 needs (e.g., behavior management strategies) – is not in my experience typically billed
13 directly to Medicaid but instead is built into the reimbursement rate for the therapeutic
14 foster care agency as an administrative expense. When I helped set the Medicaid
15 reimbursement rate for therapeutic foster care in Arizona, for example, we included in the
16 TFC reimbursement rate the costs for pre-service training by a licensed professional.
17 Arizona continues to include this general pre-service training on behavioral health
18 treatment strategies as a covered administrative expense built into the TFC
19 reimbursement rate. Exh. 7 at 43. Children both in and outside of the child welfare and
20 foster care systems receive TFC. The TFC component training is a behavioral health
21 intervention and not the responsibility of the child welfare or foster care systems.

1 Therefore, in my expert opinion, the TFC component of “Training” is coverable by
2 Medicaid.²⁰

3
4 ²⁰ The preamble to CMS’ proposed rules regarding rehabilitative services indicates
5 that TFC “provider recruitment, foster parent training and *other such services that*
6 *are the responsibility of the foster care system*” are “intrinsic element[s]” of the
7 foster care program, and therefore not covered, 72 Fed. Reg. at 45206 (emphasis
8 added). As I discussed above, even for children in the foster care and child welfare
9 systems, the therapeutic foster parent training activities described in the component
10 are not the responsibility of the child welfare system but are the responsibility of
11 the behavioral health system, as they relate to the child’s behavioral health needs.
12 These rules by CMS are only proposed; if CMS were to enact this rule, it would be
13 a departure from prior policy. Under the proposed rules, training the TFC family
14 about the behavioral health needs of the specific child with whom they have been
15 matched and how to address those needs would remain covered. 72 Fed. Reg. at
16 45207 (describing psychoeducation of family members as a covered rehabilitative
17 service). It is only coverage of the second type of training (i.e., general pre-service
18 and ongoing training) that may not be able to be billed as a rehabilitative service
19 under the proposed rules. Similarly, the preamble to the interim final case
20 management services rules, not the rules themselves, state that “all activities
21 integral to the administration of the foster care program” are excluded, including
22 training of foster care parents. Even for children in the foster care system, the
23 training of therapeutic foster parents about a specific child’s behavioral health
24 condition and strategies to manage it cannot be considered integral to the
25 administration of the foster care program, as it is the behavioral health system that

1 23. Ms. Arden's letter raises several other concerns regarding components in the
2 Appendices.

3 a. With respect to the TFC component "Plan Implementation –
4 Individual Child Treatment," Ms. Arden notes that TFC providers must have the same
5 qualifications as individuals who furnish services to children not in foster care. Exh. 4 at
6 6. I agree with this statement, and there is nothing in Appendix B to suggest otherwise.
7 As I mentioned earlier, states typically address details such as provider qualifications
8 through the State Plan Amendment process with CMS, which has not yet occurred as I
9 understand. In my experience, therapeutic foster parents typically become qualified
10 Medicaid providers by associating (e.g., via contract) with a Medicaid provider agency
11 and receiving appropriate training and supervision from that agency.

12 b. Ms. Arden claims that plaintiffs' description of the wraparound
13 component "Transition" goes beyond Medicaid rehabilitative services to include non-
14 covered educational and habilitative services. I disagree with Ms. Arden and do not
15 believe there is anything in the description of this component that goes beyond
16 rehabilitative services. Recent CMS guidance, to which Ms. Arden wrote the
17 introduction, describes the very broad range of services/activities that can be covered as
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19 is responsible for managing the child's behavioral health disorder. It is only the
20 general pre-service and on-going training that is given to therapeutic foster parents
21 on caring for a child with complex behavioral health needs that may not be able to
22 be billed as a case management activity. However, as I discussed, in my
23 experience, states do not typically bill this type of general pre-service and ongoing
24 training as a rehabilitative or case management service but instead include it as an
25 administrative expense built into the reimbursement rate for the provider agency.

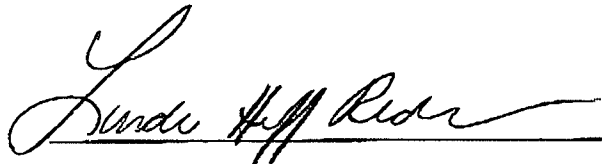
1 rehabilitative services, including “[b]asic life and social skills training and support across
2 a variety of community living dimensions to promote self-sufficiency and independence
3 by overcoming functional limitations associated with mental illness,”²¹ and “[s]upported
4 employment to assist individuals in overcoming barriers to employment that stem from
5 their mental illness.”²² Exh. 6 at 58-59; accord Proposed Rehabilitative Services Rules,
6 72 Fed. Reg. at 45206-07 (providing examples of covered recreational and social
7 rehabilitative service activities). It is these types of rehabilitative services to which I
8 understand the wraparound component of “Transition” to refer. In my expert opinion,
9 there is nothing in plaintiffs’ description of this component that goes beyond this CMS
10 guidance.

14 ²¹ The CMS guidance states that covered “basic life skills training may include
15 ‘restoration of those basic skills necessary to independently function in the
16 community, including food planning and preparation, maintenance of living
17 environment, community awareness and mobility skills’ and social skills training
18 may include ‘redevelopment of those skills necessary to enable and maintain
19 independent living in the community, including communication and socialization
20 skills and techniques.” Exh. 6 at 58-59.

22 ²² CMS guidance states that “[r]ehabilitative supported employment services can
23 be provided to assist individuals to function in the workplace, provided that the
24 services are not associated directly with specific job performance.” Exh. 6 at 59.
25 There is nothing in plaintiffs’ description of this component that would indicate
they are seeking coverage of services directly related to specific job performance.

1 24. In sum, it is my expert opinion that the components of wraparound services
2 in Appendix A and of therapeutic foster care in Appendix B fall under the categories of
3 services listed in § 1396d(a) and therefore are covered by Medicaid.

4
5 Pursuant to 28 U.S.C. § 1746, I declare under penalty of perjury under the laws of
6 the United States of America and the State of California that the foregoing is true
7 and correct. Executed this 10 day of Dec, 2007 in Tempe, Arizona.

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11 Linda Huff Redman
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