

(Date)

The Honorable (*full name of your Senator*)
United State Senate
Washington, DC 20510

Dear Senator (*last name*):

My name is (*name*), and I am a resident of (*city, state*). I am writing to urge you to oppose the Better Care Reconciliation Act, which would harm (*me, my family member(s), my friend(s)*), and thousands more of your constituents who rely on Medicaid for their basic healthcare needs.

This issue is so important to me because (*Tell your story! If you or a family member are on Medicaid (including a waiver), what are the most important services to you? What difference has that made in yours and/or your family member's lives? Some suggestions include:*

- *Access to critical healthcare or therapies?*
- *Ability to receive in-home supports, residential supports or live independently?*
- *Ability to work or receive supports so a family member can work?*
- *What was your and/or your family member's lives like before receiving Medicaid services? Are you or a family member on a waitlist for Medicaid services?*
- *How would getting services make a difference in your lives?*
- *What would happen if you or your family member lost your services? What impact would losing (in-home supports, residential supports, etc.) have on your daily life?*

The Better Care Reconciliation Act (BCRA) would decimate Medicaid. It would lead to more than \$800 billion in cuts over the next decade, leaving states like ours no choice but to reduce services, cut optional services, restrict eligibility, and increase waiting lists. This will leave 10 million people with disabilities at risk for losing the services that enable them to live and participate in the community.

This would be devastating to (*your state's*) individuals and families.

A health care plan that would leave 23 million more people uninsured by 2026 is an unacceptable replacement for the Affordable Care Act (ACA). There is no "acceptable" cap on Medicaid: the goal of any cap is to cut Medicaid spending, and this issue is too important to me and so many others to accept any cuts or caps to our healthcare.

Thank you for considering my story as you prepare to vote on the BCRA. I urge you to vote **no** and protect (*your state's*) individuals and families from these devastating cuts. Our health is in your hands.

Sincerely,

Your name

Address

Phone Number

Email Address