November 30, 2011

The Honorable Beverly Perdue  
Governor  
Constituent Services Office  
116 W. Jones Street  
Raleigh, NC 27603

The Honorable Roy Cooper  
Attorney General  
Department of Justice  
9001 Mail Service Center  
Raleigh, NC 27699

Re: United States Department of Justice Investigation of North Carolina’s Reliance on Adult Care Homes in Violation of the Americans with Disabilities Act and the Olmstead Decision

Dear Governor Perdue and Attorney General Cooper:

We urge you to take the necessary steps to resolve the United States Justice Department’s findings concerning North Carolina’s use of large, segregated adult care homes to serve thousands of individuals with mental illness. It is time for the state to bring itself into compliance with the Americans with Disabilities Act (ADA) and the Supreme Court’s Olmstead decision by ending such needless isolation and offering these individuals the chance to thrive in their own homes.

As you know, on July 28, 2011, the Justice Department issued a findings letter concluding that the state is violating the ADA and Olmstead by failing to provide services to adult care home residents with mental illness in the most integrated setting appropriate to their needs. Among other things, the Department called upon North Carolina to develop sufficient supported housing to ensure that individuals with mental illness who are needlessly confined to adult care homes are given the opportunity to move to supported housing with the services they need to succeed there. As the Department pointed out, the state could readily accomplish this by redirecting funds that are currently used to support these individuals in adult care homes.

North Carolina is clearly capable of taking the key steps identified by the Justice Department to afford these individuals the opportunity to live in the most integrated setting appropriate to their needs. The undersigned organizations, which include large statewide providers of community-based services for individuals with disabilities, national and state mental health consumer and family organizations, and a former North Carolina mental health director, have many years of experience and
expertise with North Carolina’s service system, as well as familiarity with the needs of individuals in adult care homes. We know that there is ample capacity among providers to meet the needs of adult care home residents with mental illness in more integrated settings. We also know that resources can be readily redirected to support these individuals in integrated settings.¹

If the state declines to resolve this matter and invites litigation by the Justice Department, the strong likelihood is that the state will ultimately lose. In the meantime, state and federal dollars will continue to be misdirected to services provided in settings that afford residents a poor quality of life and poor outcomes. Rather than wasting lives and wasting dollars, we urge you to do the right thing and negotiate a prompt resolution with the Justice Department. We stand ready to assist the state in implementing such a resolution.

Your leadership on this issue is critical to resolve the violation of the rights of North Carolina’s adult care home residents with mental illness and to move toward a mental health system of which we can all be proud. We hope you will make a commitment to bring real and positive change for residents of adult care homes.

Sincerely,

Connie Cochran
President and CEO
Easter Seals UCP North Carolina & Virginia, Inc.

Deby Dihoff
Executive Director
National Alliance on Mental Illness (NAMI) North Carolina

Ron Honberg
National Director for Policy and Legal Affairs
National Alliance on Mental Illness (NAMI)

David Richard
Executive Director
The Arc of North Carolina

¹The same is true of individuals with intellectual and other developmental disabilities living in adult care homes. While the Justice Department’s investigation concerns adult care home residents with mental illness, we believe that the state must take similar steps to comply with Olmstead as it applies to individuals with intellectual and other developmental disabilities, and that it can readily do so.
Laurie Coker
Director
North Carolina Consumer Advocacy, Networking, and Support Organization

Michael S. Pedneau
Former North Carolina State Director of Mental Health, Developmental Disabilities and Substance Abuse

Pender R. McElroy
Board Chair
Mental Health America

Ellis C. Fields
Executive Director
Mental Health Association of Central Carolinas, Inc.
North Carolina Mental Health Association Collaborative

Karen Kincaid Dunn
Executive Director
Club Nova Community, Inc.
Member, North Carolina Clubhouse Coalition

Susie Deter
Executive Director
Threshold
Member, North Carolina Clubhouse Coalition

William D. Rowe
Director of Advocacy
North Carolina Justice Center

Tracey Sheriff
Chief Executive Officer
Autism Society of North Carolina

Sue Estroff
Mental Health Researcher

Martha Brock
Mental Health Consumer and Freelance Writer
By their counsel

Ira Burnim
Jennifer Mathis
Bazelon Center for Mental Health Law