

Restraint and Seclusion: HCFA Rules for Hospitals

(Specific Provisions)*

* Provisions	HCFA Interim Final Rule For Hospitals
Definition of Restraint	Any manual method or physical or mechanical device, material or equipment attached or adjacent to the patient's body that he or she cannot easily remove that restricts freedom of movement or normal access to one's body
Chemical Restraints or Inappropriate Use of Medication	A medication used to control behavior or to restrict the patient's freedom of movement and is not a standard treatment for the patient's medical or psychological condition
Definition of Seclusion	The involuntary confinement of a person in a room or an area where the person is physically prevented from leaving
Definition of Time-Out	None
Standard for Use	<ol style="list-style-type: none"> 1.) emergency situations if needed to ensure the patient's physical safety 2.) less restrictive interventions <u>have been determined</u> to be ineffective 3.) in least restrictive manner and with safe techniques 4.) end at earliest possible time 5.)
Orders	Physician or Independent Licensed Practitioner. Treating physician must be consulted as soon as possible (if did not order use)
PRN Orders	No
Time Limits	Written orders; 4 hours for adults- 2 hours for ages 9-17 and 1 hour for under age 9
In-Person Evaluation of Patient	<ol style="list-style-type: none"> 1) Physician or Independent Licensed Practitioner must see and evaluate the need for use <u>within 1 hour after initiation</u> 2) If patient is no longer in restraints at end of verbal order the physician or independent licensed practitioner must still see and evaluate the patient <u>within one hour</u>

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Simultaneous Use of Restraint and Seclusion	No. Exception; staff continually monitors in close proximity with use of video and audio equipment – or assigned staff continually monitors face to face
Renewal of Original Order	Yes. Up to maximum time of 24 hours using same time limits
New Orders	Require physician or independent licensed practitioner to see and assess patient. Same time limits apply to continue an order after expiration (4 hours adults-2 hours for ages 9-17 and 1 hour for under 9)
Patient Record Notation	Not specified. Restraint and seclusion use must be in accordance with a written modification to patient's plan of care
Monitoring and Assessment	Continual monitoring, assessment and reevaluation.
Reporting	To HCFA of any death that occurs with use (during use or if reasonably assumed result of use)
Training and Education	All staff with direct patient contact (safe use of, alternative methods, etc)
Debriefing	Not specified
Covered Settings	Hospitals receiving Medicaid and Medicare Funds; Rules for RTC's other than those licensed as hospitals to be released spring 2000
Effective Date	August 1999
Different Standards for Behavior Management and Acute Medical/Surgical Care	Yes